

Better Together

Connecting with other moms through a MOPS group is the best part of being a MOPS International Member!

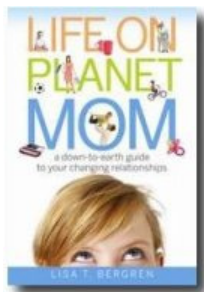


MOPS Membership Benefits for 2009-2010

**Mom Membership Fee: \$21.95 until May 29, 2009
\$23.95 after May 29**

- **MomSense Magazine**

Bi-monthly magazine for a full year of mothering expertise, parenting tips and fun things to do with your preschoolers.



- **2009 Theme Book**

Life on Planet Mom: A Down-to-Earth Guide to Your Changing Relationships

Nothing changes a woman like motherhood. Becoming a mom affects your relationships with everyone – your spouse, your parents, your friends, and even God. During this time of life, you need to feel nurtured and loved by solid *Connections* you can trust. But in the chaos of raising children, cultivating relationships can take a backseat to just getting the kids fed and to school on time.

Author Lisa T. Bergren helps busy moms like you prioritize your relationships with others and offers practical ideas to enhance your six key relationships: with self, spouse, friends, family of origin, community and God. With in-depth research, heartfelt personal experience and expert advice, Bergren shows you how to keep vital relationships during the parenting years. Whether you have just brought home a new baby or you're still trying to find your footing raising young children, you will benefit from the wisdom found in this book.

- **Weekly Mom-E-Mail**

Weekly bursts of encouragement!

- **MyMOPS Online Benefits**

Special online Membership benefits updated each month with mom and kid activities, contests, coupons, author discussions and FREE music downloads.



Bloomington Living Hope MOPS will meet on September 14, 2009 and then on the 1st Monday of each month through May 2010 from 7:00pm – 9:00pm at Living Hope. Childcare is available during each meeting.

MOPS is available to all moms with a child between the ages of birth through Kindergarten.



Better Moms Make A Better World